

HOW TO PREPARE FOR COMMUNION *at home*

We're thankful that we will be able to participate in communion as a church on Sunday while joining together online. While the communion elements may look slightly different in each home, **WHAT'S IMPORTANT IS FOCUSING ON THE MEANING OF THIS SPIRITUAL SYMBOL: A REMEMBRANCE OF THE SACRIFICE JESUS MADE FOR US.**

Jesus and his followers had wine and unleavened bread at the Last Supper, the foundation for our practice of communion. Using juice is a great way to involve children while also being sensitive to anyone who might not drink alcohol. Grape juice is the typical substitute, but if you don't have grape juice available at home, any type of juice is fine to use. If you want to use unleavened bread, a matzo cracker is a great option, though any bread or cracker is acceptable.

Whatever you are able to use for the communion elements, gather together with your family and take this time to be grateful for the hope we have because of Jesus' death and resurrection.

